

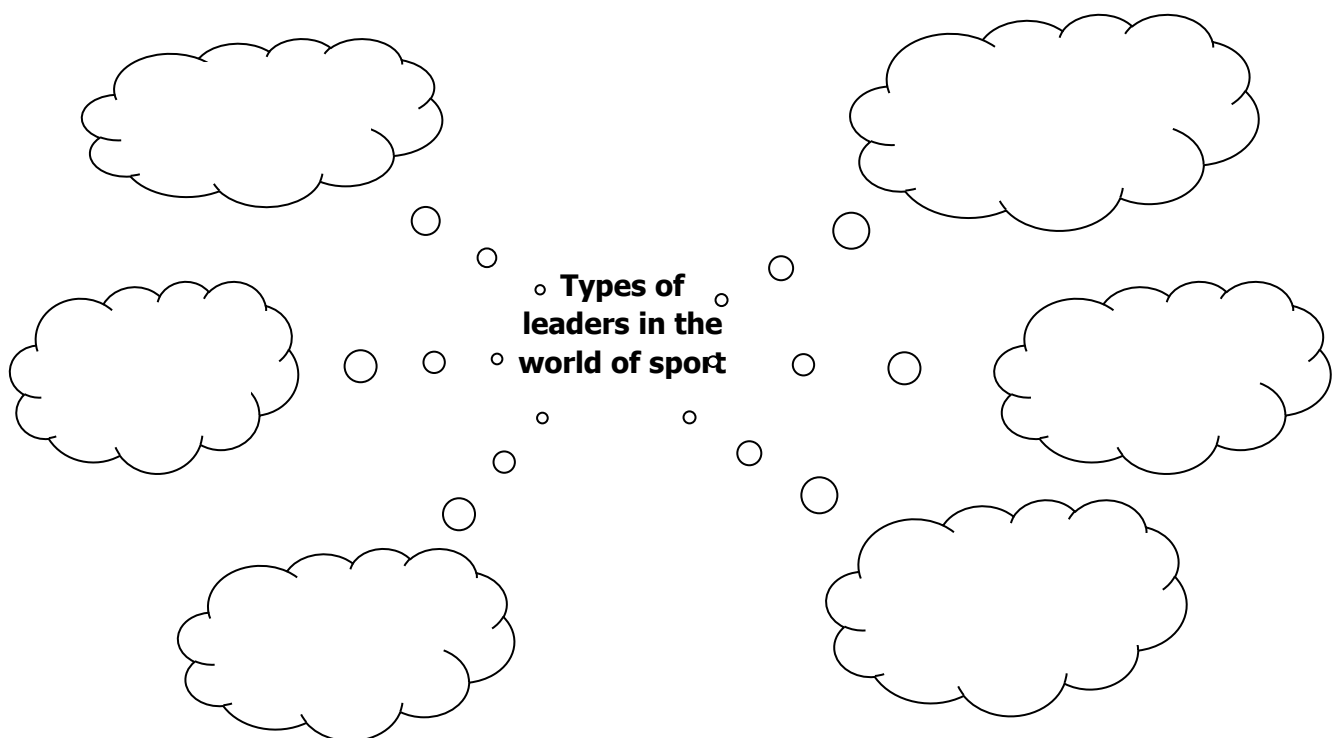
# Leadership

## What is leadership?

There are many different ways to define what leadership and a leader is as both are forms of behaviour that respond to the needs and demands of individuals and organisations. What is essential in the world of sport is that a leader supervises participants carefully throughout the activities to ensure that safety rules are followed and there is no risk or danger at any time. A leader must also provide a challenging and developmental environment that is fun and motivational. To achieve this, sport activity leaders must plan their sessions, time and delivery of the activity ensuring that participants are given the appropriate guidance and support.

## Types of leaders

So what types of leaders are there in sport? Fill this diagram to highlight some of the types of leaders that can be found in the world of sport.



## Who are these Leaders?

Leaders in the sporting world are often considered as role models in their sport, inspiring others to take up the sport and develop skills for life; they give people a sense of purpose

and empower them to do things for themselves. Such examples include Sir Steve Redgrave who is a great ambassador for the sport of rowing. Through his dedication, he won gold medals at five consecutive Olympic Games and inspired people to get involved in rowing. Others may consider that leaders need to have the tactical skills and knowledge on the playing field to lead a team; for example David Beckham was noted for the quality of his crossing and ability to hit free-kicks and corners, particularly long-range free-kicks. Other sporting personalities who have inspired and promoted their sport include Tanni Grey Thompson who contributed to dispelling misguided beliefs about disability sport or Ellen McCarthy who showed much leadership through courage and endeavour during her sailing exploits. However, behind every sports person are coaches, managers, physiotherapists etc who motivate and inspire, for example Sir Clive Woodward whose contribution to rugby transformed the England side from the amateur era into the professional one.

Whoever is considered a 'sporting leader' they all have several qualities and characteristics and adopt several roles when leading in different situations.

For every type of leader in the sporting world can you write a brief description of what they do and what their leadership qualities/characteristics are?