

Year 7		
Term	Unit	Lesson
Autumn	Autumn term- Welcome to Cambourne Village College, our community and your rights	Pupils were welcomed to our College and considered the following topics: how to get the most from school; planning for the next five years; their community and citizenship and creating a tutor group charter. 5 lessons
Spring	Autumn term and remote teaching- Health, RSE and Personal Safety	Some of the content not covered in primary schools (due to lockdown) was incorporated into our health unit of work: PANTS recap; understanding well-being; self-worth and mental health; health leaflet assessment; Mindfulness; family relationships; how to stay safe in their local area 7 lessons
	Spring term- Bullying & internet safety	Pupils considered negative relationships and online safety in relation to these: Bullying and protected characteristics; online safety; cyberbullying; rise above. 4 lessons
Summer	Summer term- Catch up curriculum	Due to the three lockdown periods and the school time lost, these lessons will be used to catch up content missed from primary schools as well as content that was unsuitable to teach remotely: pupils will reflect on family relationships; age appropriate activities; and managing conflict as well as completing RSE content on an introduction to relationships and personal hygiene. 4 lessons

Year 8		
Term	Unit	Lesson
Autumn	Autumn term- Drugs and alcohol and their impacts	Pupils were welcomed back before investigating drugs and alcohol and the impact these have on people's lives: drug classifications and the impacts of drugs more common in society such as caffeine; investigation of the impacts of drugs and how we can educate about drug use; alcohol and its effects; psychoactive substances; cannabis, drugs and young people. 6 lessons
Spring	Autumn and Spring term- Year 7 catch up	Pupils considered negative relationships and online safety in relation to these: Bullying and protected characteristics; online safety; cyberbullying; how to stay safe in their local area; age appropriate activities; and managing conflict. 4 lessons
	Remote teaching and Spring term- Body image and well-being	Pupils studied a collection of lessons about themselves and how they look after themselves: Puberty; Self-image and body-positivity; Mindfulness; Privacy and Consent; Respect; The needs of young people. 7 lessons.
Summer	Summer term- Equality and diversity	Pupils will watch the documentary He named me Malala and use this as a basis to analyse topics of equality and diversity. They will finish the year with a look at healthy sleep (which they will hopefully remember to implement through the holidays) and learning to administer CPR and basic first aid. 5 lessons

Year 9		
Term	Unit	Lesson
Autumn	Autumn term - GCSE Options	Pupils were welcomed back and then began to consider choices that they have coming up in their near future: my skills and how I can develop these; making options in the future; GCSE options process. 4 lessons
	Autumn term- Year 8 Health and RSE catch up	At this stage pupils covered the content missed from year 8 on Health and RSE: puberty; privacy and consent and respect. 4 lessons condensed to 2 lessons due to upcoming lockdown period
Spring	Remote teaching- Government & the law	Pupils considered mindfulness and mental wellbeing before moving on to learn about the government and the law in the UK: how parliament works in Britain- Commons and laws; Political Parties; Your party and why it matters; interviewing a politician. 5 lessons
Summer	Summer term- Sex and relationships	In this unit we will cover the age appropriate RSE content that has been developed alongside our pupils, staff body and RSE experts: Gender, identity and sexuality; forming relationships; sexual health contraception and STIs; RSE and teenagers; families; fertility and pregnancy; FGM, CSE and breast ironing; Domestic abuse. 8 lessons

Year 10		
Term	Unit	Lesson
Autumn	Autumn term- Careers, jobs and my future	Pupils were welcomed back and began to think ahead to life beyond Cambourne Village College and potential careers: thinking about skills and qualities; researching careers and where to access this information; meeting professionals in different careers; writing a CV; interview techniques. 6 lessons
Spring	Remote learning- Young people in the 21st century Part 1	This module included a number of topics which consider challenging events which may arise in pupils lives and in the wider world and builds on knowledge from the KS3 curriculum: Year 9 catch up of FGM, CSE and breast ironing; knife crime; extremism and radicalisation; terrorism; drugs and vaping;. 5 lessons
	Spring and summer term- Young people in the 21st century- Part 2	Due to the three lockdown periods, year 10 pupils will finish the year with another collection of lessons relating to their life in and outside the College as ensure missed content from KS3 is clearly caught up on: Misinformation and online information; Year 9 catch up of Domestic abuse; Sexual violence, harassment and abuse; Positive relationships; FOMO and technology; behaviours and relationships; Managing stress and healthy sleep. 7 lessons
Summer		

Year 11		
Term	Unit	Lesson
Autumn	Autumn term-Options post 16	Pupils began year 11 by having structured support to help them consider their post 16 option choices: an introduction to post 16; options for 16-18 and research of these; personal statement writing; Mychoices@16 profile; post 16 interview practice. 7 lessons
Spring	Remote learning- Life skills	At this point in year 11 pupils were guided to reflect on their PSHE journey across the five years and content was delivered which pupil feedback has shown they wish to recover in greater depth or that relates to future challenges which may arise: Coping with pressures; Gambling; Stress and positive thinking; Dealing with current concerns; Managing money. 5 lessons
Summer	Summer term- Year 10 catch up	This module includes a number of topics which consider challenging events which may arise in pupils' lives and in the wider world and builds on knowledge from the KS3 curriculum. The order in which this is taught will vary by class: CPR; Domestic abuse; Updated RSE questions answered; Extremism, radicalisation and terror; Drugs and alcohol; Sexual violence, harassment and abuse. 7 lessons