

Year 7				
Term	Unit	PSHE (Personal, Social, Health and Economic education) lesson content	RSHE (Relationships, Sex and Health Education) lesson content	Additional RSHE content: Peer on Peer Abuse awareness and learning, delivered over year
Autumn	Welcome to Cambourne Village College: our community and your rights	Code of Conduct RESPECT policy How to get the most from school Communities and positive relationships Prejudice and inclusion Creating a tutor group charter Example Lesson: Welcome Lesson [PLAN] [PRESENTATION]		Consent Recognising sexualised language and behaviours Keeping yourself safe Keeping yourself safe online How to report concerns
Spring	Health and RSHE		PANTS/consent (NSPCC campaign designed to help children understand boundaries and consent) Well-being; self-worth; mental health and emotional wellbeing; Healthy lifestyles, hygiene, and menstrual cycles.	
	Bullying & internet safety	Pupils will consider negative relationships and online safety: Bullying and protected characteristics; Online safety and relationships; Cyber-bullying; Tackling bullying and peer influence		
Summer	Myself as a global citizen	Unwritten rules and managing conflict in their lives Future and choices Self-reflections on their own skills Personal safety Introduction to first aid		