

Year 8			
Term	Unit	PSHE (Personal, Social, Health and Economic education) lesson content	Additional RSHE content: Peer on Peer Abuse awareness and learning, delivered over year
Autumn	Drugs and alcohol and their impacts	Drugs and alcohol and the impact these have on people's lives: Drug classifications and the impacts of drugs more common in society such as caffeine Investigation of the impacts of drugs and how we Can educate about drug use Alcohol and its effects Psychoactive substances Tobacco, cannabis, drugs and young people and myths; norms and values about drugs and drug use Example lesson: Alcohol Lesson [PLAN] [PRESENTATION]	Consent How to report concerns Keeping yourself safe How to report abuse Recognising sexualised language, harassment and assault between peers Understanding pornography vs healthy relationships Online abuse and keeping safe online
Spring	Autumn and Spring term- The needs of young people	Respect in our community and for ourselves The developing needs of young people Puberty and change Body image and addressing the issues with social media; Privacy and consent Sleep Learning to carry out CPR (resuscitation)	
	Cultural differences and discrimination	Pupils will watch the documentary <i>He named me Malala</i> and use this as a basis to analyse topics about: Cultural differences Equality and diversity Discrimination and how this should be tackled	
Summer	Life skills for the future	Personal brand Keeping safe online Challenges of gambling and money use	