

Year 9				
Term	Unit	PSHE (Personal, Social, Health and Economic education) lesson content	RSHE (Relationships, Sex and Health Education) lesson content	Additional RSHE content: Peer on Peer Abuse awareness and learning, delivered over year
Autumn	GCSE Options	Pupils will begin to consider choices that they have coming up in their near future and will look at topics of: <ul style="list-style-type: none"> • Who am I? • Skills and attributes and how these can be developed • Thinking towards the future • Careers pathways • Business networking Example lesson: Skills and Attributes Lesson [PLAN] [PRESENTATION]		<ul style="list-style-type: none"> • Consent • Keeping yourself safe • How to report concerns • Recognising sexualised language, harassment and assault between peers • Online abuse and keeping safe online • Societal impact of pornography
	Autumn and spring terms- RSHE		<ul style="list-style-type: none"> • Families/ parenting/ long-term relationships • Gender, identity, and sexuality • Forming relationships • Sexual health, contraception and STIs • RSHE and the 21st Century teenagers • Fertility, pregnancy and sanitary items • FGM, CSE and breast ironing • Domestic abuse: myths and realities 	
Spring				
Summer	21st Century Citizens	<ul style="list-style-type: none"> • Loss and the effects of change • Bereavement • Media literacy and digital resilience 		
	Government and the law	<ul style="list-style-type: none"> • Government and the law in the UK • How parliament works in Britain: Commons and laws • Political Parties • Your party and why it matters 		