

# What do students studying BTEC Sport think about the course?

## Why did you opt to do BTEC Sport?

- I chose to do BTEC Sport originally because I am very keen for sport, and it not only gave the opportunity to do more practical sport in my GCSE's, but I also had the opportunity to learn more in depth about the mechanics of sport, for example how the body works and responds to different forms of physical activity whilst playing sport.
- I chose BTEC Sport because I love PE and prefer to write about what I like.
- Because I enjoy Sport and BTEC was always an interesting idea for me.
- I chose BTEC Sport because it helps improve your knowledge during lessons and fitness during practical lessons.
- I chose BTEC Sport because I'm interested in doing some sort of extra physical education.

## What do you enjoy most/find most interesting about the BTEC Sport course?

- I enjoyed designing my own training programme in sport and completing it over a 6-week period. I enjoyed this because it allowed me to work and improve on my weaknesses and try out new exercises which were fun and also helped me to improve.
- I enjoy the Units we do, and I also like what we write, for example our own training plans.
- I find I most enjoy learning how to do different sports and their rules.
- I enjoy doing the practical lessons the most because it's a change from sitting in a classroom to being active and playing a fun sport.
- I find the practical lessons most interesting and I like how we have to then do writing on what we've done practically.

## What do you find challenging about the course?

- I found the aspect of writing about different sports that I haven't played quite challenging, however it was enjoyable learning about other sports and the attributes of a sportsperson in those sports.
- I find the amount of detail and the amount of writing challenging, however, you have loads of teachers around that can help you if you're stuck.
- The most challenging part is that you must put the work in to get the highest grades.
- What I find the most challenging about BTEC Sport is answering questions with enough detail.
- I find the writing challenging but it's not that bad when you get the hang of the subject you're writing about.

### What do you do in lessons? Describe a typical BTEC Sport lesson.

- In a typical BTEC sport lesson, we are either doing practical or doing work on the computers on our course work.
- A typical BTEC PE lesson is going over previous work and looking up what definitions are or labelling the heart or lungs, we do lots of stuff on the body e.g., different muscles, bones, ligaments, joints etc.
- I have the teacher explain to us what we must do and get on with all the work to the highest standards so I can get my highest marks
- A typical BTEC Sport lesson consists of a brief description on what we're doing in the lesson, then doing the first task, then having a break and finally completing or starting another task.
- In a BTEC lesson sometimes we have practical lessons and they're in the hall. In a normal writing lesson, you are allowed to talk quietly to the person next to you to ask for help (without disturbing others). You often get a break halfway through the lesson which is roughly 5 mins and then get back to work.

### What type of things do you do as homework?

- For homework, I usually try to improve my answers to my course work on the computer by giving further detail and continuing to stay active outside of school.
- Homework is finishing off work from previous lessons. However, I personally work better alone so I normally go home and go straight on my laptop whilst I still have it in my head. When you get into your first week, you'll get into whatever routine you like best.
- The homework for BTEC sport is usually to just finish any work that you have not done in class.
- For homework, we finish off a piece of writing that we didn't finish in the lesson.
- Homework is only set if it needs to be, usually it's when we need to finish work from the lesson, or we need to bring something in.