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| **Lesson Objective**  | To understand why we learn about PSHE in school and recognise its value. |
| **Prior Learning**  | This is the first lesson on this topic. |
| **Starter** | Slide 3: Label up new books as per the slide.Slide 4: Record the meaning of the PSHE acronym. Pupils create a spider diagram of the different topics that they think will be covered in PSHE throughout their time at Cam VC. Share ideas as a class. |
| Main  | Slides 6-8:Information on the curriculum to supplement pupils’ knowledge and an idea of why we study this subject. Ask for a volunteer to share an idea of something we may cover in PSHE that that changed over the last 5 years.* How many can they come up with? There are a huge number relating to the pandemic such as mental health (surveys suggest that on average young peoples’ mental health improved when working from home), anxiety, work patterns etc.

Slides 9 and 10:Using the questions as starting points, ask pupils to reflect on their experience of PSHE to date.Slide 11 and 12:Teacher to talk through the information.Slide 13 and 14:OPTIONAL DEPENDING ON HOW YOU ARE DOING FOR TIME. HOY- this could be a tutor time activity instead.Slides 15-19Discuss the 3 strands of the RESPECT policy. Slide 20: Reflection on the lesson, students should write a sentence about the goal/s they have set themselves for this year. These should be SMART targets. |