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| **Lesson Objective** | To understand why we learn about PSHE in school and recognise its value. |
| **Prior Learning** | This is the first lesson on this topic. |
| **Starter** | Slide 3: Label up new books as per the slide.  Slide 4: Record the meaning of the PSHE acronym. Pupils create a spider diagram of the different topics that they think will be covered in PSHE throughout their time at Cam VC. Share ideas as a class. |
| Main | Slides 6-8:  Information on the curriculum to supplement pupils’ knowledge and an idea of why we study this subject. Ask for a volunteer to share an idea of something we may cover in PSHE that that changed over the last 5 years.   * How many can they come up with? There are a huge number relating to the pandemic such as mental health (surveys suggest that on average young peoples’ mental health improved when working from home), anxiety, work patterns etc.   Slides 9 and 10:  Using the questions as starting points, ask pupils to reflect on their experience of PSHE to date.  Slide 11 and 12:  Teacher to talk through the information.  Slide 13 and 14:  OPTIONAL DEPENDING ON HOW YOU ARE DOING FOR TIME. HOY- this could be a tutor time activity instead.  Slides 15-19  Discuss the 3 strands of the RESPECT policy.  Slide 20:  Reflection on the lesson, students should write a sentence about the goal/s they have set themselves for this year. These should be SMART targets. |